

Hollin Hall Senior Center

May 2006

**1500 Shenandoah Road
Alexandria, VA 22308**

Phone 703-765-4573

703- 765-4645

TTY 711

FAX 703- 768-1572

www.fairfaxcounty.gov/rec

9 a.m. – 4 p.m.

**Julie Ellis, Director
Elaine Throm, Assistant
Patricia Bruch, Assistant
Ann Fulkerson, Assistant**



A Fairfax County, Va., publication



Fairfax County is committed to a policy of nondiscrimination in all county programs, services and activities and will provide reasonable accommodations upon request. To request special accommodations call 703-324-4386, TTY 703-222-9693. Please allow ten working days in advance of the event in order to make the necessary arrangements.

March 20, 2006

Surf's UP! Sunday,
May 7, 2006 at 1:30 p.m.
Join HHSC and
Dan Funk's
Eagle Scout Troop 654
In Our First
In the House
Variety Show!

Hollin Hall Senior Center

May 2006

Fairfax County, Community and Recreation Services

1500 Shenandoah Road, Alexandria, VA 22308

Julie Ellis, Director Elaine Thom, Assistant Patti Bruch, Assistant Ann Fulkerson, Assistant
And All of Our 120 plus Volunteers!

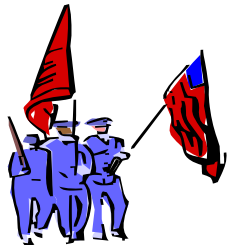
Monday 1		TUESDAY 2		WEDNESDAY 3		THURSDAY 4		FRIDAY 5	
9:00 Billiards	102	8:10 Intermediate Tai Chi *	112	8:10 Advanced Tai Chi *	112	8:10 Beginning Tai Chi *	112	9:00 Art Group	109
9:00 Ceramics	109	9:00 Billiards	102	9:00 Billiards	102	9:00 Billiards	102	9:00 Billiards	102
9:00 Exercise w/Carla	112	9:15 Exercise for Men w/Rina	112	9:00 Exercise w/Laura & Irene	112	9:00 Beginner Bridge Lab	217	9:00 Independent Porcelain	109
10:00 Sanctioned Bridge	218	9:30 Strength Training	205	9 to Noon Woodcarving ***	202	9:15 Exercise for Men w/Rina	112	Painters	
10:00 V.I.P. Group	103	10:00 Exercise w/Rina	112	9:30 Walking Club		9:30 Strength Training	205	9:00 Exercise w/ Laura & Irene	112
10:00 Jazzercise Lite	112	10 to 2 Genealogy Library Open	214	9:30 Shuffleboard****		10:00 Advisory Council	218	9:30 Walking Club	
10:00 AARP Board Meeting	213	10:00 Touch Toys	213	9:30 Ikebana:	216	(All Welcome)		10:00 Computer Club OPEN	215
10:30 Piano Club	205	10:30 Walking Club		“Chiko Arrangements		10:00 Exercise w/Rina	112	HOUSE	
11:00 Low Impact Exercise	112	11:00 Co-Ed Strength Training	112	interpreting Haiku”		10 to 2 Genealogy Library Open	214	10:00 Exercise w/Gloria	112
Noon LUNCH	103	Noon LUNCH	103	10:00 Parkinson's Support		10:00 Model Railroad Club	213	10:00 to 2:00 FASTRAN Trip	
12:30 Pinochle	213	12:30 Quilters Club	216	(off site)		10:30 Walking Club		to Thrift Shop Delite	
12:30 Drama Club	205	12:30 Art w/Gloria	109	10:00 Canasta	213	11:00 Jazzercise Lite	112	Encore w/ Julie **	
1:00 VIP Discussion Group	103	1:00 Chicago Bridge	218	10:00 Exercise w/Gloria	112	Noon LUNCH	103	11:00 Exercise w/Carla	112
1:00 Spanish 2	216	1:00 Mah Jongg	217	10:00 V.I.P. Group	103	12:30 Director's	203	Noon LUNCH	103
2:00 Spanish, Basic	216	1:00 Table Tennis	205	10:45 Low Impact Exercise	205	Afternoon Kaffee Klatch		1:00 AARP General Meeting	112
2:00 Billiards Plus	102	1:00 Tat, Smock, Crochet & Needlework (Kaps for Kids)	201	11:00 Exercise w/Carla	112	Welcomes Fairfax County Public Library-Focus Group		1:00 Mah Jongg	217
				Noon LUNCH	103	12:30 Pinochle	213	1:00 Party Bridge	218
				12:30 Beg. Duplicate Bridge	217	12:30 Line Dance	112	1:00 Table Tennis	205
				12:45 BUNCO	112	12:30 Duplicate Bridge	218	2:00 Billiards Plus	102
				1:00 Learn to Play Chess	203	1:00 Chorus	205		
				1:00 Stroke Support	109				
				2:00 Billiards Plus	102				
				2:00 Latin & Ballroom Dance	112				

*****Activities to Check Include:

Monday 8		TUESDAY 9		WEDNESDAY 10		THURSDAY 11		FRIDAY 12	
9:00 Billiards	102	8:10 Intermediate Tai Chi **	112	8:10 Advanced Tai Chi *	112	8:10 Beginning Tai Chi **	112	9:00 Art Group	109
9:00 Ceramics	109	9:00 Billiards	102	9:00 Billiards	102	9:00 Billiards	102	9:00 Billiards	102
9:00 Exercise w/Carla	112	9:15 Exercise for Men w/Rina	112	9:00 Exercise w/Laura & Irene	112	9:00 Beginner Bridge Lab	217	9:00 Indpt. Porcelain Painters	109
9:30 MV Porcelain Artists	216	9:30 Strength Training	205	9 to Noon Woodcarving ***	202	9:15 Exercise for Men w/Rina	112	9:00 Exercise w/Laura & Irene	112
10:00 Sanctioned Bridge	218	10:00 Exercise w/Rina	112	9:30 Walking Club		9:30 Strength Training	205	10:00 Computer	215
10:00 V.I.P. Group	103	10 to 2 Genealogy Library Open	214	9:30 MV House & Garden (offsite)		10:00 American History BASIX	216	Tech Support	
10:00 Jazzercise Lite	112	10:30 Walking Club		9:30 Shuffleboard****		10:00 Blood Pressure	103	9:30 Walking Club	
10:00 Military History: "Berlin Airlift with Dr. Roger Miller"	217	11:00 Co-Ed Strength Straining	112	10:00 Canasta	213	10:00 Exercise w/Rina	112	10:00 Exercise w/Gloria	112
10:30 Piano Club	205	Noon LUNCH	103	10:00 Exercise w/Gloria	112	10 to 2 Genealogy Library Open	214	10:00 to 2:00 FASTRAN Trip to Admiral Tilp Boat **	
11:00 Low Impact Exercise	112	12:30 Quilters Club	112	10:00 V.I.P. Group	103	10:30 Walking Club		11:00 Exercise w/Carla	112
Noon LUNCH	103	12:30 Art w/ Gloria	109	10:45 Low Impact Exercise	205	11:00 Jazzercise Lite	112	Noon LUNCH	103
12:30 Pinochle	213	1:00 Chicago Bridge	218	11:00 Exercise w/Carla	112	Noon LUNCH	103	1:00 Mah Jongg	217
12:30 Drama Club	205	1:00 French for Fun	213	Noon LUNCH	103	12:30 Pinochle	213	1:00 Party Bridge	218
1:00 Ladies Day Dance with D Jay Steve	112	1:00 Mah Jongg	217	12:30 Beg. Duplicate Bridge	217	12:30 Line Dance	112	1:00 Table Tennis	205
1:00 VIP Discussion Group	103	1:00 Table Tennis	205	2:00 Billiards Plus	102	12:30 Duplicate Bridge	218	2:00 Billiards Plus	102
1:00 Spanish 2	216	1:00 Tat, Smock, Crochet & Needlework (Kaps for Kids)	201	2:00 Latin & Ballroom Dance	112	1:00 Backyard Birding	216		
2:00 Spanish, Basic	216					1:00 Chorus	205		
2:00 Billiards Plus	102								

Monday 15		TUESDAY 16		WEDNESDAY 17		THURSDAY 18		FRIDAY 19	
9:00 Billiards	102	8:10 Intermediate Tai Chi *	112	8:10 Advanced Tai Chi *	112	8:10 Beginning Tai Chi *	112	9:00 Art Group	109
9:00 Ceramics w/Chuck	109	9:00 Billiards	102	9:00 Billiards	102	9:00 Billiards	102	9:00 Billiards	102
9:00 Exercise w/Carla	112	9:15 Exercise for Men w/Rina	112	9:00 Exercise w/Laura & Irene	112	9:00 Beginner Bridge Lab	217	9:00 Indpt. Porcelain Painters	109
10:00 Sanctioned Bridge	218	9:30 Strength Training	205	9 to Noon Woodcarving ***	202	9:00 HHSC Garden Club	216	9:00 Exercise w/ Laura & Irene	112
10:00 V.I.P. Group	103	10:00 Exercise w/Rina	112	9:30 Walking Club		9:15 Exercise for Men w/Rina	112	9:30 Walking Club	
10:00 Jazzercise Lite	112	10 to 12:30 Genealogy Library	214	9:30 Antique Club	216	9:30 Strength Training	205	10:00 Exercise w/Gloria	112
10:30 Piano Club	205	Open		9:30 Shuffleboard****		10:00 Exercise w/Rina		10:00 Photo Club	217
11:00 Low Impact Exercise	112	10:00 Touch Toys	213	10:00 Exercise w/Gloria	112	10 to 2 Genealogy Library Open	112	10:00 to 2:00 FASTRAN Trip to Greenspring Gardens **	
Noon LUNCH	103	10:30 Walking Club		10:00 Genealogy Virginia RIG	214	10:00 Model Railroad Club	214		
12:30 Pinochle	217	11:00 Co-Ed Strength Training	112	10:00 V.I.P. Group	103	10:30 Walking Club	213	11:00 Exercise w/Carla	112
12:30 Drama Club	205	Noon LUNCH	103	10:30 Low Impact Exercise	205	11:00 Jazzercise Lite		Noon LUNCH	103
1:00 Alexandria Memories	217	12:30 Quilters Club	216	10:30 Exercise w/Carla	218	Noon LUNCH	112	1:00 Mah Jongg	217
1:00 Laughter Clinic	201	12:30 Art w/ Gloria	109	11:30 Pot Luck: Bring a Dish to Share and Lunch \$ Donation	112	12:30 Pinochle	103	1:00 Party Bridge	218
1:00 VIP Discussion Group	103	1:00 Genealogy Club Meeting	112	Guest Speaker: Patti Dennis From Hearts and Hammers/ 'Rebuilding Together		12:30 Line Dance	213	1:00 Table Tennis	205
1:00 Spanish 2	216	1:00 Chicago Bridge	218	12:30 Beg. Duplicate Bridge	217	12:30 Duplicate Bridge	112	2:00 Stamp Club	216
1:00 Welcome Wagon w/ Kay	203	1:00 French for Fun	213	1:00 Stroke Club	109	1:00 Chorus	218	2:00 Billiards Plus	102
2:00 Spanish, Basic	216	1:00 Mah Jongg	217	1:00 Learn to Play Chess	203		205		
2:00 Billiards Plus	102	1:00 Table Tennis	205	1:15 Canasta	213			7:30 until 9:30 P.M. Dancing in the Dark Room 112 All Welcome \$4.00 per person	
		1:00 Tat, Smock, Crochet & Needlework (Kaps for Kids)	201	1:15 BINGO	216				
				1:15 Movie of the Month	218				
				2:00 Billiards Plus	102				
				2:00 Latin & Ballroom Dance	112				

Monday 22		TUESDAY 23		WEDNESDAY 24		THURSDAY 25		FRIDAY 26	
9:00 Billiards	102	8:10 Intermediate Tai Chi *	112	8:10 Advanced Tai Chi *	112	8:10 Beginning Tai Chi *	112	9:00 Art Group	109
9:00 Ceramics	109	9:00 Billiards	102	9:00 Billiards	102	9:00 Billiards	102	9:00 Billiards	102
9:00 Exercise w/Carla	112	9:15 Exercise for Men w/Rina	112	9:00 Exercise w/Laura & Irene	112	9:00 Beginner Bridge Lab	217	9:00 Indpt. Porcelain Painters	109
10:00 55 ALIVE-Mature	201	9:30 Strength Training	205	9 to Noon Woodcarving ***	202	9:15 Exercise for Men w/Rina	112	9:00 Exercise w/ Laura & Irene	112
Driving To Register		10:00 Exercise w/Rina	112	9:30 Walking Club		9:30 Strength Training	205	9:30 Walking Club	
Call 703-204-3366		10 to 2 Genealogy Library Open	214	9:30 Shuffleboard****		10:00 55 ALIVE-Mature Driving	201	10:00 Poetry Appreciation	201
10:00 Sanctioned Bridge	218	10:30 Walking Club		10:00 Canasta	213	10:00 American History BASIX	216	10:00 Exercise w/Gloria	112
10:00 V.I.P. Group	103	11:00 Co-Ed Strength Training	205	10:00 Exercise w/Gloria	112	10:00 Exercise w/Rina	112	10:00 to 2:00 FASTRAN Trip to Pentagon City Mall **	
10:00 Jazzercise Lite	112	Noon LUNCH	103	10:00 V.I.P. Group	103	10:00 Club Leader Meeting			
10:00 Military History: "Attacking the Siegfried Line"	217	12:30 Quilters Club	112	10:45 Low Impact Exercise	205	10:00 Blood Pressure	103	11:00 Exercise w/Carla	112
10:30 Piano Club	205	12:30 Art w/ Gloria	109	11:00 Exercise w/Carla	112	10 to 2 Genealogy Library Open	214	Noon LUNCH	103
11:00 Low Impact Exercise	112	1:00 Chicago Bridge	218	Noon LUNCH	103	10:30 Walking Club		1:00 Mah Jongg	217
Noon LUNCH	103	1:00 French for Fun	213	12:30 Beg. Duplicate Bridge	217	11:00 Jazzercise Lite	112	1:00 Party Bridge	218
12:30 Pinochle	213	1:00 Mah Jongg	217	12:45 BUNCO	112	Noon LUNCH	103	1:00 Table Tennis	205
12:30 Drama Club	205	1:00 Table Tennis	205	1:00 Book Discussion Group	216	12:30 Pinochle	213	2:00 Billiards Plus	102
1:00 VIP Discussion Group	103	1:00 Tat, Smock, Crochet & Needlework (Kaps for Kids)	201	2:00 Billiards Plus	102	12:30 Line Dance	112		
1:00 Spanish 2	216			2:45 Latin & Ballroom Dance	112	12:30 Duplicate Bridge	218		
2:00 Spanish, Basic	216					1:00 Chorus	205		
2:00 Billiards Plus	102								

Monday 29		TUESDAY 30		WEDNESDAY 31			
<div>County Holiday</div> <div>Center Closed</div> <div></div>		<div>8:10 Intermediate Tai Chi *112</div> <div>9:00 Billiards102</div> <div>9:15 Exercise for Men w/Rina112</div> <div>9:30 Strength Training205</div> <div>10:00 Exercise w/Rina112</div> <div>10 to 2 Genealogy Library Open214</div> <div>10:00 Touch Toys213</div> <div>10:30 Walking Club</div> <div>11:00 Co-Ed Strength Training112</div> <div>11:00 Opera Appreciation216</div> <div>11:00 Piano Club205</div> <div>Noon LUNCH103</div> <div>12:30 Quilters Club216</div> <div>12:30 Art w/ Gloria109</div> <div>1:00 Chicago Bridge218</div> <div>1:00 French for Fun213</div> <div>1:00 Mah Jongg217</div> <div>1:00 Table Tennis205</div> <div>1:00 Tat, Smock, Crochet & Needlework (Kaps for Kids)201</div>		<div>9:00 Billiards102</div> <div>9:00 Exercise w/Laura & Irene112</div> <div>9 to Noon Woodcarving ***202</div> <div>9:30 Walking Club</div> <div>9:30 Shuffleboard****</div> <div>10:00 Canasta213</div> <div>10:00 Exercise w/Gloria112</div> <div>10:00 V.I.P. Group103</div> <div>10:45 Low Impact Exercise205</div> <div>11:00 Exercise w/Carla112</div> <div>Noon LUNCH103</div> <div>12:30 Beg. Duplicate Bridge218</div> <div>1:00 VIP Discussion Group103</div> <div>2:00 Billiards Plus217</div> <div>2:45 Latin & Ballroom Dance112</div>	<div>KEY</div> <div>* Tai Chi – This is a yearly course, Begins May 4</div> <div>Course is WAIT LIST</div> <div>** FASTRAN Trips – (RR) Pre sign-up in the Office</div> <div>*** Woodworking Shop unavailable 9:00 - Noon during Woodcarving Class</div> <div>**** Shuffleboard, Weather Permitting</div>	<div>Every Tuesday 10:00 a.m. Italian Class @ Paul Spring</div>	